

## COMPOSITION

Emjard ® M 5/500 Tablet: Each film coated tablet contains Empagliflozin INN 5 mg & Metformin

Hydrochloride EP 500 mg.

**Emjard** M 12.5/500 Tablet: Each Film coated tablet contains Empagliflozin INN 12.5 mg & Metformin Hydrochloride EP 500 mg.

#### **PHARMACOLOGY**

**Emjard** <sup>®</sup> **M** combines two antihyperglycemic agents with complementary mechanisms of action to improve glycemic control in patients with type 2 diabetes: Empagliflozin, a Sodium-glucose co-transporter 2 (SGLT2) inhibitor and Metformin Hydrochloride, a member of the biguanide class.

Sodium-glucose co-transporter 2 (SGLT2) expressed in the proximal renal tubules, is responsible for the majority of the reabsorption of altered glucose from the tubular lumen. By inhibiting SGLT2, Empagliflozin reduces reabsorption of filtered glucose and lowers the renal threshold for glucose (RTG) and thereby increases urinary glucose excretion.

The pharmacologic mechanism of action of Metformin is different from other classes of oral antihyperglycemic agents. Metformin decreases hepatic glucose production, decreases intestinal absorption of glucose and increases peripheral glucose uptake and utilization.

#### INDICATION

**Emjard** M is indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes.

## DOSAGE AND ADMINISTRATION

Individualize the starting dose of <code>Emjard</code>  $^{\odot}$  **M** based on the patient's current regimen. The maximum recommended dose is 12.5 mg Empagliflozin/1000 mg Metformin twice daily. Take twice daily with meals, with gradual dose escalation to reduce the gastrointestinal side effects due to metformin. Assess renal function before initiating <code>Emjard</code>  $^{\odot}$  **M**. Do not initiate or continue <code>Emjard</code>  $^{\odot}$  **M** if creatinine levels > 1.5 mg/dL (males), > 1.4 mg/dL (females) or if eGFR is below 45 mL/min/1.73 m².

# SIDE EFFECT

For Empagliflozin:

The most common adverse reactions associated with Empagliflozin are urinary tract infections and female genital mycotic infections. Others common side effects includes dehydration, hypotension, weakness, dizziness and increased thirstiness.

For Metformin:

Gastrointestinal symptoms-nausea, vomiting, diarrhoea, abdominal pain and loss of appetite are very common.

## **PRECAUTION**

Lactic acidosis, Hypotension, Ketoacidosis, Acute kidney injury and impairment in renal function, Hyperkalemia, Urosepsis and Pyelonephritis, Hypoglycemia, Genital mycotic infections, Hypersensitivity reactions, Bone fracture, Vitamin B1 deficiency.

The risk of necrotizing fasciitis of the perineum/Fournier's gangrene.

This product contains Lactose.

## CONTRAINDICATION

For Empagliflozin:

Empagiliflozin is contraindicated in patients with history of serious hypersensitivity reaction to Empagliflozin or any of its ingredients, severe renal impairment, end-stage renal disease or dialysis.

#### For Metformin:

Hypersensitivity to metformin or any of the excipients. Acute or chronic metabolic acidosis, including diabetic ketoacidosis, with or without coma. Renal disease or renal dysfunction e.g., as suggested by serum creatinine levels > 1.5 mg/dL (males), > 1.4 mg/dL (females) or abnormal creatinine clearance.

## **DRUG INTERACTION**

For Empagliflozin:

Diuretics: Co-administration of Empagliflozin with diuretics resulted in increased urine volume. Insulin or Insulin Secretagogues: Co-administration of Empagliflozin with insulin or insulin secretagogues increases the risk for hypoglycemia. Positive Urine Glucose Test:

Monitoring glycemic control with urine glucose tests is not recommended in patients taking SGLT2 inhibitors as SGLT2 inhibitors increase urinary glucose excretion and will lead to positive urine glucose tests. Use alternative methods to monitor glycemic control. Interference with 1,5-anhydroglucitol (1,5 AG) Assay: Monitoring glycemic control 1,5-AG assay is not recommended as measurements of 1,5-AG are unreliable in assessing glycemic control in patients taking SGLT2 inhibitors. Use alternative methods to monitor glycemic control.

For Metformin:

No information is available about the interaction of Metformin and furosemide when co-administered chronically. Nifedipine appears to enhance the absorption of Metformin. Metformin had minimal effects on nifedipine. Cationic drugs (e.g., amiloride, digoxin, morphine, procainamide, quinidine, quinine, ranitidine, triamterene, trimethoprim, or vancomycin) that are eliminated by renal tubular secretion theoretically have the potential for interaction with Metformin by competing for common renal tubular transport systems. Metformin had no effect on cimetidine pharmacokinetics. Certain drugs tend to produce hyperglycemia and may lead to loss of glycemic control. These drugs include the thiazides and other diuretics, corticosteroids, phenothiazines, thyroid products, estrogens, oral contraceptives, phenytoin, nicotinic acid, sympathomimetics, calcium channel blocking drugs, and isoniazid.

# **USE IN PREGNANCY AND LACTATION**

Pregnancy: There are no adequate and well-controlled studies of Empagliflozin & Metformin combination in pregnant women. This combination should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Lactation: It is not recommended when breastfeeding.

Safety and effectiveness of Empagliflozin & Metformin combination in pediatric patients under 18 years of age have not been established.

## **GERIATRIC USE**

Because renal function abnormalities can occur after initiating Empagliflozin, metformin is substantially excreted by the kidney, and aging can be associated with reduced renal function, monitor renal function more frequently after initiating **Emjard**<sup>®</sup> **M**.

## STORAGE CONDITION

Store below 30°C. Protect from light & moisture. Keep out of children's reach.

# **HOW SUPPLIED**

Emjard ® M 5/500 Tablet: Each box contains 10's/ 30's/ 50's/ 60's tablets in blister pack.
Emjard ® M 12.5/500 Tablet: Each box contains 10's/ 30's/ 50's/ 60's tablets in blister pack.

